



Mon – Fri 7.30 – 5 // Sat 8.30 – 5 // Sun 9 – 4

Want
free coffees
& bagels?
Ask about
our loyalty
card



We use "Caixa Da Fruta" Coffee which translates to "Box of Fruits" roasted & supplied by Hot Numbers Coffee Roasters.

Single Origin beans from the Carmo De Cachoeira region in Brazil.

Caixa Da Fruta is a pulp/natural processed coffee specially selected for its red fruit & creamy milk chocolate flavours.

		£	Cup		£	Cup
Ristretto	2kcal	2.9	2oz	Cappuccino	98kcal	3.6 8oz
Espresso	2kcal	2.9	2oz	Café Latte	98kcal	3.6 8oz
Cortado	44kcal	3.1	4oz	Long Black	2kcal	3 6oz
Flat White	86kcal	3.3	6oz	Puppuccino	42kcal	1 2oz
Filter Brew	2kcal	3.3	6oz	Mocha	122kcal	3.9 8oz

Syrups, selection available +0.7 - Alternative Milk +0.5 - Extra Shot Espresso +1



BREW BAR

A slower brew with a rich, smooth aroma.

Aeropress 2kcal 4.5
(allow time to brew)



JENIER WORLD OF TEAS

Breakfast 29Kcal
Mayfair English Breakfast
Decaf Breakfast Tea

Perfumed Black 1Kcal
Lady Grey / Masala Chai

Black 1Kcal
Bukhial Assam / Tukhdah Darjeeling

Oolong 1Kcal
High Mountain Oolong

Green 1Kcal
Japan Green Sencha / Jasmine

Herbal / Infusions 1Kcal
Gin & Tonic
Egyptian Camomile
Delicious Berry Fruit / Together Mint
Clanwilliam Rooibos
Hibiscus Flowers

2.4 - 3.6



HOT DRINKS

Hot Chocolate 159kcal 3.9
Chai Latte 146kcal 3.9
Masala Chai Latte 54kcal 3.9
Dirty Chai 140kcal 4



ICED DRINKS

Americano 2kcal 3.6
Chai Latte 154kcal 4.5
Chocolate 167kcal 4.5
Iced Café Latte 94kcal 4.5
Iced Mocha 131kcal 4.5

HUSK & HONEY GRANOLA

Served with natural yoghurt & fruit 7.5

Classic oat & nut 383kcal

Apricot & millet 413kcal

Honey & roast almonds 410kcal

PORRIDGE Served until 11am

Made with oat milk & cinnamon 6.95

Apple & cinnamon 346kcal

Banana & honey 429kcal

Berries & honey 387kcal

SOUP OF THE DAY

Served with warm bagel & butter 6.95

BAGELS

Served until 3pm

Plain or seeded

Spreads all 4.5

Butter 357kcal / Marmite 285kcal

Honey 289kcal / Nutella 381kcal

Jam 314kcal / Peanut butter 432kcal / Philli 377kcal

Cream Cheese all 5.6

Chive 380kcal

B&C 661kcal 6.95

Streaky bacon with Philli

Chicken Caesar 653kcal 9.45

Chicken, bacon, avocado, cos lettuce,
garlic mayo, caesar dressing

BLT 404kcal 8.5

Streaky bacon, lettuce, tomato, mayo

Elvis 691kcal 7.5

Peanut butter, jam, banana, maple syrup
add bacon 130kcal 1

Salt Beef 570kcal 8.5

Salt beef, Emmental, American mustard,
mayo, gherkins

Lox 395kcal 8.4

Smoked salmon, avocado & red onion

Tuna Melt 475kcal 8.5

Tuna mayo, Emmental, red onion, pickles

The Goat 657kcal 9.45

Fig relish, goat cheese, crunchy peppers,
red onion, rocket

Halloumi & Sweet Chilli Jam 688kcal 8.95

Halloumi, chilli jam, tomato, avocado, rocket

Hungry Vegan (pb) 520kcal 8.95

Falafel, houmous, mixed olives,
tomatoes, spinach

SALAD BOWLS

Served until 3pm

Check our salad bowls, made daily in house.
Packed with nutrition, colour & good vibes 9.95

BLT, Caesar Chicken, Halloumi, Hungry Vegan

For extras, please ask

(pb) plant based

Please let us know if you have any allergies or intolerances.
All dishes are freshly prepared in house, calorie information may
fluctuate & we cannot guarantee the absence of all allergens.
Adults need around 2000 kcal a day.



Scan for full
allergens
breakdown



SMOOTHIES 7.5

Power Breakfast 643kcal
Oat milk, peanut butter, dates,
double espresso, banana

Aloha 670kcal
Coconut milk, peanut butter, dates, banana

Green Matcha 179kcal
Coconut milk, green matcha, spinach,
lemon, banana, cinnamon

Berry Crush 158kcal
Strawberries, blueberries, blackberries, raspberries,
blackcurrants, oat milk, maple syrup

Blueberry Blast 218kcal
Blueberries, orange, banana



COLD PRESS JUICES 5.5

Pure Green
Apple, cucumber, kale, pineapple, lime,
mint, vitamin C

British Berry
Strawberry, raspberry, lemon,
apple, basil, vitamin C

Rise & Shine
Carrot, ginger, turmeric, apple, vitamin C

Meeting Rooms & Private Hire

If you need something a little more private we have meeting rooms,
ideal for work meets, workshops or gatherings.

Chat to our team or email meet@hermitagerd.co.uk to find out more about our private spaces

EAT BETTER ETHOS

All our menus are designed around sustainable British produce,
celebrating local suppliers & seasonality. We believe in eating better.

Better for our environment: sourcing as much as possible from local & sustainable producers,
so we access fresh produce with a smaller carbon footprint.

Better for our communities: we are proud to be part of the vibrant Hitchin community;
supporting local charities, forging lasting relationships with local suppliers & colleges.

Better for you: creating nourishing dishes that pack a punch on taste & never cut corners on quality.